

## STARTERS

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|---|--------------|
| <b>Homemade Soup of the Day (V)</b><br><i>English butter &amp; roasted garlic bread rolls</i> | <b>£6.50</b> |
| <b>Pumpkin Couscous Salad (VG)</b> -639kcal<br><i>peppers, broccoli, pickled red cabbage</i>  | <b>£7.00</b> |
| <b>Spiced Mutton Roll</b> – 641 kcal<br><i>pickled vegetables &amp; coriander yogurt</i>      | <b>£7.00</b> |
| <b>Crispy Fried Calamari Strips</b> – 258 kcal<br><i>chili &amp; soy dipping sauce</i>        | <b>£7.50</b> |
| <b>Peppery Chicken Wings</b> – 629 kcal<br><i>spring onion &amp; Scotch Bonnet mayo</i>       | <b>£8.00</b> |

## YOUNG CRICKETERS

**£12.00** (*served with a soft drink*)

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| <b>Mini cheeseburger &amp; fries</b> – 940 kcal  |
| <b>Mini margherita (V)</b> – 473 kcal / 539 kcal<br><b>or pepperoni pizza with fries</b> |
| <b>Chicken goujons &amp; fries</b> – 699 kcal  |
| <b>Fish goujons &amp; fries with tartare sauce</b> – 593 kcal                            |
| <b>Cheesy macaroni (V)</b> – 604 kcal  |

## DESSERTS

|  |              |
|--|--------------|
| <b>Steamed Orange Sponge</b> – 508 kcal  | <b>£6.50</b> |
| <b>Treacle Tart</b> – 377 kcal   | <b>£7.50</b> |
| <b>Vegan Choc Fudge Cake (VG)</b> – 440kcal  | <b>£7.50</b> |
| <b>Double Chocolate Brownie</b> – 858 kcal   | <b>£7.50</b> |
| <b>Selection of Ice Cream &amp; Sorbet</b> –386kcal  | <b>£6.50</b> |
| <b>English Cheese Plate</b> - 551 kcal<br><i>grapes, celery, apple &amp; onion chutney with crackers</i> | <b>£9.50</b> |

*ADULTS NEED ABOUT 2000 CALORIES A DAY*

## MAINS

|   |               |
|---|---------------|
| <b>8oz Rib-Eye Steak</b> – 923 kcal<br><i>broccoli, confit garlic butter &amp; triple cooked chips</i><br><b>add</b> - peppercorn – 477 kcal /<br>blue cheese sauce – 435 kcal <b>£2.00</b>                     | <b>£28.00</b> |
| <b>Confit Pork Belly</b> – 1109 kcal<br><i>braised cabbage, broccoli, mustard mash &amp; red wine jus</i>   | <b>£17.50</b> |
| <b>Lord's Tavern Cheeseburger</b> – 819 kcal<br><i>with triple cooked chips</i><br><b>add</b> – patty- 540kcal <b>£4</b> , bacon– 54 kcal <b>£1</b><br>cheese- 83 kcal <b>£1</b> , fried egg-165 kcal <b>£1</b> | <b>£16.50</b> |
| <b>Spiced Chickpea Burger (VG)</b> – 1079 kcal<br><i>tomato chutney, vegan mayo &amp; root veg crisps</i>   | <b>£14.50</b> |
| <b>Catch of the Day</b><br><i>see specials board for today's fish selection</i>   | <b>£16.50</b> |
| <b>Traditional Fish &amp; Chips</b> – 863 kcal<br><i>triple cooked chips, crushed peas &amp; tartare</i>  | <b>£16.00</b> |
| <b>Sausage, Mash &amp; Gravy</b><br><i>see specials board for today's sausage selection</i>   | <b>£16.50</b> |
| <b>Pumpkin Gnocchi (V)</b> – 1040 kcal<br><i>sautéed spinach, cauliflower, creamy sage</i>  | <b>£15.50</b> |
| <b>Pie of the Day</b><br><i>see specials board for today's homemade pie</i>   | <b>£17.50</b> |
| <b>Jamaican Style Chicken Curry</b> - 974 kcal<br><i>rice, naan &amp; mango chutney</i>   | <b>£16.50</b> |
| <b>Mixed Dal Tadka Curry (VG)</b> - 973 kcal<br><i>rice, naan &amp; mango chutney</i>   | <b>£15.00</b> |

## SIDES

|   |              |
|---|--------------|
| <b>Triple Cooked Chips / French Fries</b> – 324 kcal  | <b>£4.50</b> |
| <b>Creamy Mash Potato (V)</b> – 302 kcal              | <b>£4.50</b> |
| <b>Braised Red Cabbage (V)</b> – 144 kcal             | <b>£4.50</b> |
| <b>Brussel Sprouts &amp; Chestnuts (V)</b> – 232 kcal | <b>£5.50</b> |



Please scan for the allergens